

LEAD YOUR OWN HEALTH JOURNEY

ADDITIONAL RESOURCES

We're not stopping there — here's some additional resources, from more information to how to get further involved.

Alabama Public Health: Resources for Men
alabamapublichealth.gov/men/

menshealthnetwork.org/formen

Movember: Educational Resources, Facts, & Support
us.movember.com/mens-health/get-support

